


# Prepping on a Budget



## Flyers and In-Store Promotions

Keep an eye out for flyers and in-store promotions for non-perishables, flats of water, pet food, and personal hygiene products.

## Additional Items



Search your junk drawer for additional items like a phone charger. Build your own First Aid Kit from items around the house, such as tweezers, band aids, sterile gauze pads, small scissors, adhesive tape, and antiseptic wipes.



## Box Stores

Consider big box stores for harder to find items like hand-cranked radios and hand-cranked flashlights, quality batteries, and small cook stoves.



## Clothing

Check your closet for spare clothing and running shoes that you could add to your kit. Go to local thrift stores to find what you need.



## Dollar Stores

Head to a dollar store to find affordable items such as dust masks, ponchos, work gloves, garbage bags, tarps, rope, whistles, can openers, and spare blankets.



Equipment is often needed when it comes to preparing your property for emergencies, like removing dead brush. Try equipment sharing amongst your neighbours to reduce the cost of new tools!

